

Seagoe Parish

MASS SCHEDULE St Patrick's Aghacommon

Sunday	11:00am
Tuesday	10:30am
Thursday	10:30am
Friday	7:00pm
Confessions every Friday 6:30–6:50pm	

St Mary's Derrytrasna

Monday	10:30am
Wednesday	7:00pm
Saturdays (vigil Mass for Sunday)	6:00pm
Confessions every Saturday 5:30–5:50pm	

STATIONS OF THE CROSS

Stations will be held immediately after the Evening Mass alternately on Wednesdays and Fridays during Lent.

This week: Stations of the Cross in St Mary's at 7:30pm on Wednesday 12 March.

EUCCHARISTIC ADORATION

This week: Adoration in St Patrick's at 7:30pm on Friday 14 March, concluding with Benediction at 8:15pm.

St Catherine Labouré (1806–1876) was the Daughter of Charity nun to whom Our Lady appeared with the Miraculous Medal. She also has much to teach us on Adoration: *“Whenever I go to the chapel, I put myself in the presence of our good Lord, and I say to him, ‘Lord, I am here. Tell me what you would have me to do’ . . . And then, I tell God everything that is in my heart. I tell him about my pains and my joys, and then I listen. If you listen, God will also speak to you, for with the good Lord, you have to both speak and listen. God always speaks to you when you approach him plainly and simply.”*

Beautiful and simple, and superb advice.

Next week: Rosary and adoration in St Mary's at 7:30pm on Wednesday 19 March, concluding with Benediction at 8:15pm.

Why not take up the practice of Eucharistic Adoration during this Lent?

DROMORE DIOCESAN HISTORICAL SOCIETY

Monday 10th March 2025: @7:30pm
in Newry Parish Centre

As every March, the Society marks St Patrick's Day with a lecture on some aspect of the national Saint. This year, Dr Thérèse Cullen, whose doctoral research focused primarily on how people publicly ritualised and memorialised St Patrick, and who is an authority on St Patrick and the Patrician tradition will give a talk entitled “St Patrick - The Man, the Myths and the Legends” on Monday 10th March @7:30pm in Newry Parish Centre, The Mall, Newry. All members and non-members very welcome.

PARISH OFFERTORY COLLECTION

Sunday 2 March £1778.92
Please make cheques payable to 'Seagoe Parish'.

We thank all our parishioners for their continued support and generosity.

† RECENTLY DECEASED †

We offer our deepest sympathy and prayerful remembrance to the to the grieving relatives of the following parishioners and people in other parishes who died in recent days.

Greg O'Hara, Slane, *formerly* Derrymacash
John Joseph (Joe) McAvoy, Meadowbrook
formerly Derrymacash

ANNIVERSARIES

Saturday 8 March

Month's Mind John Cassidy, Derryadd

Sunday 9 March

Edward Smith, Albert Street, Lurgan

Tuesday 11 March

Jim McGurran, Derrymacash Road

Thursday 13 March

Tom Green, Clontibret

Friday 14 March

Teresa Tighe, Innisfail Walk
Shauneen Brown, Clanbrassil Grove

*Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them*

BAPTISM

We rejoice with the family of

Tai Breen, Pier Rampart

at his recent birth to eternal
life in the sacrament of baptism.

PRAYER FOR POPE FRANCIS

Heavenly Father, we thank you for the loving service of Pope Francis and the hope he has inspired in so many in your great mercy. Have mercy on him now in his illness, we pray, and guide the medical and nursing staff involved in his care. Grant him peace and healing. Through Christ our Lord. Amen.

2025 DIOCESAN PILGRIMAGE TO LOURDES

This year's Dromore Diocesan Pilgrimage to Lourdes will depart from 9–14 June.

Any Seagoe Parishioner wishing to be considered as an Assisted Pilgrim should contact Brenda McKernan (07811407587) or Andrea Judge (07930503713).

Lourdes is a designated Jubilee Year pilgrimage site, with the grace of a plenary indulgence available.



ST PATRICK'S DAY

The Annual St Patrick's Day Parade will take place on Monday 17th March. People are asked to meet in the St Patrick's PS carpark from 12:50 and the parade will leave the school at 1pm. The community St Patrick's Day event will be held in Wolfe Tone GAC from 1:30 - 3:30pm. We hope to see lots from our community & the Wolfe Tones/ St Enda's clubs in the parade, cheering the parade along and at the Wolfe Tone's Club on Monday 17th March.

ST RONAN'S PASTORAL AREA:
comprising the parishes of Seagoe, Moyraverty,
Lurgan and Magheralin

Sunday Bulletin

SUNDAY 9 MARCH 2025

FIRST SUNDAY OF LENT

JUBILEE OF THE WORLD OF VOLUNTEERING

TELEPHONE NUMBERS

Fr Brian Fitzpatrick, P.P. V.F. 3834 1901
Rev Gerry Heaney, *Permanent Deacon*
3834 3013

Fr Shajan Panachickal Michael, CC

3834 1901
St Anthony's Church Sacristy 3834 5297
St Anthony's Parish Hall 075 3112 6199
St Vincent de Paul Confidential Helplines
Moyraverty 079 1949 6053
Seagoe 078 2777 0304

Safeguarding Children & Vulnerable Adults

Diocesan Designated Liaison Person
Stephen Sherry 073 0124 6329
safeguardingdirector@dromorediocese.org
Southern Health & Social Care Trust
0800 783 745
N.I ChildLine 0800 1111

PARISH OFFICE HOURS

Open Monday–Friday (*except Wednesdays*)
9.30am – 2.00pm
Phone: 028 3834 3013.
Address: 10 Tullygally Road, Legahory,
Craigavon, BT65 5BL.

**E-mail: seagoe parish@dromorediocese.org
or moyraverty parish@dromorediocese.org**

In any emergency, please phone the
parochial house 24/7 on 028 3834 190

COMMEMORATIONS OF THE WEEK

Tue 11 Mar St Aengus, (died c. 824), *austere monk in Tallaght, compiler of the lives of the early Irish saints*

THE VALUE OF FASTING

The Catechism of the Church teaches us:

The interior penance of the Christian can be expressed in many and various ways. Scripture and the Fathers insist above all on three forms—fasting, prayer, and almsgiving—which express conversion in relation to oneself, to God, and to others. (para. 1484).

Fasting has a history well over two thousand years, so what makes it so enduring in Christian practice?

1. Jesus did it

Jesus undertook the Jewish tradition and with his own 40-day fast endorsed the practice. He even told us how to do it. Always concerned about hypocrisy, he clearly taught that when we fast, we shouldn't make a show of it to others.

2. Fasting is a traditional sign of sorrow for sin

Far from a self-inflicted punishment, fasting is a willing offering, a purposeful act of humility. The Old Testament is full of examples of people fasting as a sign of sorrow for sin (e.g. Esther 4:3). It lets us put our whole selves into the

experience of repentance. We not only tell God we are sorry; we show him.

3. Fasting helps us empty ourselves and focus on God and others

When we fast, we rid ourselves of things that distract or burden us. The stripping away of distractions allows us to turn our focus away from ourselves and toward God and others. Jesus said, “No one can serve two masters” (Mt 6:24). We should enjoy the good things in our lives, but it is sometimes wise to give them up for a time, to regain our focus on what is most valuable.

4. Fasting gives us that feeling of ‘yearning’

Good food, good drink, and other good things can bring us only limited happiness. If we reflect on our inner voice, we may hear a yearning for something greater—something perfect and eternal. Jesus called it the “living water” and the “food that endures” (Jn 4:10; 6:27). Lent is a time to experience this deep yearning, and reorient our lives because of it.

5. Fasting helps us develop self-discipline

Knowing I can do something difficult well boosts my confidence about what else I could control. Jesus said, “The person who is trustworthy in very small matters is also trustworthy in great ones” (Lk 16:10). Once we master something small, we can conquer bigger, more important things like fasting from gossip or envy.

6. Fasting reminds us that our bodies are part of our prayer

Our bodies and souls belong together. Prayer rightfully involves our bodies, including standing, kneeling, genuflecting, making the sign of the cross—using our bodies in these and other ways changes us inside. Fasting can express emptiness, desire, and loss. We give it all over to God.

7. Fasting helps us be more mindful of others

“Going without” can make us more mindful of those who “go without” on a regular basis, those experiencing the poverty of hunger, oppression, loneliness, or pain. A true fast creates in us a space for serving others.

8. Fasting builds our sense of community as Church.

Fasting during Lent is something we do together. Like wearing ashes on Ash Wednesday, fasting is a beautiful bond we share as Catholic Christians. Fasting binds us together in one spirit, one mission.

9. Fasting makes Easter more joyful

A celebration feels even more joyful after a time of “holding back.” A time of wandering and loss can lead to such joy. The loss we experience—some small deprivation as we approach the cross—can prepare us for the joy of Easter.

10. Fasting helps us imitate Jesus.

We give something up because he gave it all up for us. We, too, want to know the power of the Resurrection. In fasting, we can have some small share in the cross of Jesus.

Moyraverty Parish

MASS SCHEDULE

St Anthony's

Sunday	12:00noon
Monday–Saturday	9:30am
Mondays	6:00pm
Saturday (vigil Mass for Sunday)	7:30pm

Confessions

From 6:45pm–7:20pm on Saturdays

St John the Evangelist, Lylo

Sunday	10:00am
--------	---------

STATIONS OF THE CROSS

Stations will be held immediately after the 9.30am morning Mass on Wednesdays during Lent.

REFLECTIONS FOR LENT

Sr Rosemary will lead ‘Scripture Reflections for Lent’ in St Anthony's Parish Centre on Friday 21 March, 28 March, 4 April & 11 April, after the 9.30am Mass. A cup of tea will be served on arrival and all are welcome.

POPE'S INTENTION

Each month, the Holy Father asks for our prayers for a specific intention. You are invited to answer the Holy Father's request and to join with many people worldwide in praying for this intention:

For families in crisis

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

DROMORE DIOCESAN PILGRIMAGE TO LOURDES

9 -14 June 2025

Cost £850.00. Details to follow. To secure a place we will require a deposit of £150.00 payable to J. Ormsby, 206 Drumgor Park, Craigavon, BT65 4AH, or pay at Parish office.

Lourdes is a designated Jubilee Year pilgrimage site, with the grace of a plenary indulgence available.

MOYRAVERTY 50+ GROUP

St Anthony's Parish Centre Thursday 20 March 8-10pm. Music by Mons Wheeler plus Raffle prizes! Admission including light supper £5.00. We welcome old & new members.

LENTEN TROCAIRE BOXES

Are available from the back of the Church. Please take one home.

THANK YOU

A massive thanks to everyone who turned out for the recent dance in the Ashburn Hotel in aid of Air Ambulance NI. It wouldn't have been possible without the help and support of the patrons, sponsors and all who supported it in any way, not to mention Pat's tireless fundraising work. The wonderful total raised from the event came to a total of £6310. Well done to all.

† RECENTLY DECEASED †

Josie McKenna, Garrymore
John Joseph (Joe) McAvoy, Meadowbrook
Celia O'Hare-Downer, London

ANNIVERSARIES

Saturday 8 March

Agnes Farrell, Clonmeen

Sunday 9 March

Carmel McGuinness, Drumbeg

Margaret McEvoy, Lismara

Geraldine McConville, née Sheridan,
Meadowbrook

Henry Lappin, Bleary

Monday 10 March

Month's Mind Kevin Weathers,

Drumbeg South

Kathleen Topping, Portadown/Lurgan

Mary Roberts, Larkfield Meadows

Wednesday 12 March

Patsy Donnelly, Pinebank

Francis O'Neill, Drumglass

Imelda Reilly, Galway

Michael McPoland, Garrymore

Thursday 13 March

Sean McCausland, Legahory Green

Jim Reilly (Snr) Altmore

Desmond McNeill, Drumglass

*Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.*

BAPTISM

We rejoice with the family of
Emma Louise Graham, Dean's Grange
at her recent birth to eternal
life in the sacrament of baptism

PARISH OFFERTORY COLLECTION

Sunday 2 March £1201.97

*Please make all cheques payable to
'Moyraverty Parish'.*

We thank all our parishioners for their continued support and generosity.

ASSISTED PILGRIMS FORM FOR A PLACE TO TRAVEL ON THE 2025 PILGRIMAGE TO LOURDES

We are now taking applications for Sick places to travel on the 9th – 14th June 2025 to Lourdes.

Please complete form below and return as soon as possible to:

**MOYRAVERTY: J. Ormsby,
206 Drumgor Park**

Your Name: _____

Address _____

Contact No. _____

Signature of applicant: _____